



TOWNSHIP OF SCOTCH PLAINS






In partnership with FSP Rotary, Lifestyle Studio, and Resolve Community Counseling Presents:

MENTAL HEALTH AWARENESS WELLNESS FAIR & WALK

SATURDAY, MAY 4TH

Alan M. Augustine Village Green
430 Park Avenue, Scotch Plains
9:00 AM - 12:00 PM
Rain Date: May 18th



-  Local community groups will be on-site to share information about their services
-  Kindness crafts & giveaways
-  Mini yoga & meditation sessions for all ages with Brassy Buddha Yoga Studio
-  Hair Cut-a-Thon with Lifestyle Studio Salon
All proceeds donated to The Mental Health Association in NJ, Inc.
-  Walk to promote mental health awareness (10:00 AM start time)
All proceeds donated to Resolve Community Counseling
Registration Fees: \$20 for adults | \$5 for children under 12
Registration Link: <https://www.eventbrite.com/e/scotch-plains-mental-health-awareness-walk-tickets-865855766907?aff=oddtcreator>



For more information or to participate as a vendor, please contact the Department of Parks & Recreation: 908-322-6700 x 225